

W.H.E.E.L.



Life Lessons

# W. H. E. E. L.



*Life Lesson*

*January 2018*

## ONCE A MARTHA...NOW A MARY

Matt 11:29-30

Dearest Friends:

The story of Mary and Martha can help you set your life in order. Jesus and His disciples arrived at the home of Lazarus, Mary and Martha about mealtime. It was Martha who invited them in. She [Martha] had a sister called Mary, who also sat at Jesus' feet and heard His Word. But Martha was distracted with much serving, and she approached Him and said, 'Lord, do You not care that my sister has left me to serve alone? Therefore, tell her to help me.' And Jesus answered and said to her, 'Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken from her' (Luke 10:38-41)

What did Mary have that Martha needed? What was the "good part" Mary chose? Why will the good part that Mary chose remain hers forever?

If one were to read no further, one could assume Mary may have been a little lazy, leaving the needs of hospitality and hostess to her gregarious sister. It was Martha who invited Jesus into their home. It was Mary who simply sat at Jesus' feet, listening to Him talk. Who was the more hospitable, the more sociable? Who was more concerned about serving her Savior, Martha or Mary?

Before Christ we were all Martha's living life on a social and exciting level. Enjoying what we call the good life. We didn't have time or a desire to sit at the feet of Jesus. There were just too many distractions coming at us in a boomerang fashion.

**SUDDENDLY!** Jesus scoops us out of the world and places us where we can learn how to quiet our spirits and begin to sit at His feet. He says "take my yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. My yoke is easy and My burden is light." It is here where we begin our transformation from a Martha to a Mary.

In God I trust,

*Rev. Linda Chislom*

## A New Year's Prayer

May God make your year a happy one!  
Not by shielding you from all sorrows and pain,  
But by strengthening you to bear it, as it comes;  
Not by making your path easy,  
But by making you sturdy to travel any path;  
Not by taking hardships from you,  
But by taking fear from your heart;  
Not by granting you unbroken sunshine,  
But by keeping your face bright,  
even in the shadows;  
Not by making your life always pleasant,  
But by showing you  
when people and their causes need you most,  
and by making you anxious to be there to help.  
God's love, peace, hope and joy to you  
for the year ahead.



### Quote-meal

*"It isn't what happens, it's how you deal with what happens that's important."*

~ Anonymous ~

**We love hearing from you, send us your suggestions, prayers, stories or poems to:**

~ Valarie Ellis ~

P.O. Box 17991 - Tampa, FL 33682

Email: [info@wheelministry.org](mailto:info@wheelministry.org)

Website: [www.wheelministry.org](http://www.wheelministry.org)

# W. H. E. E. L.

*Women Helping Each-other Enter Life*

*Life Lesson*

*February 2018*



## "Don't Give Up-Go Through!"

*"Pursue...overtake...and recover all." 1 Samuel 30:8*

Dearest Friends:

When King David and his men returned home from battle, they discovered that the Amalekites had burned their homes to the ground and taken their families prisoner. They were devastated. They wept until they'd no tears left. Then God spoke to them and said, "Pursue...overtake...and...recover all." And with His help they did! So no matter how bad your situation looks right now, don't give up. Cry if you have to, then dry your tears and go out in God's strength and take back what the Enemy has stolen from you. If necessary, take it an inch at a time, drawing on His strength and not your own. Paul writes: "Let us not lose heart and grow weary and faint in acting nobly and doing right, for in due time and at the appointed season we shall reap, if we do not loosen and relax our courage and faint" (Gal 6:9 AMP). God won't quit on you, so don't quit on Him! He has promised in His Word: "When you pass *through* the waters, I will be with you; and when you pass *through* the rivers, they will not sweep over you. When you walk *through* the fire, you will not be burned; the flames will not set you ablaze. For I am the Lord, your God" (Isa 43:2-3 NIV). Don't give up—go through! It's easy to quit, but it takes faith to go through. When your faith honors God, He honors your faith! And with Him on your side you'll come out stronger than you were when you went in.

*So the word for you today is: "Pursue...overtake...and...recover all."*

In God I trust,

*Valarie Ellis*



My Pain was a Plan!  
My Grief was a Gift!  
My Trial was a Test!

And because I endeavored to  
endure, You Oh God,  
endeavored to give me more...

My Breakthrough is a Blessing!  
My Calling is a Comfort!  
My Life is a Living Testimony!

**Quote-meal**



*"Stop looking at what you're going thru, and look at what you're going to."*

~ Author Unknown~

*We love hearing from you, send your suggestions, prayers, stories or poems to:*

**Valarie Ellis**

P.O. Box 17991 - Tampa, FL 33682

Email: [info@wheelministry.org](mailto:info@wheelministry.org)

Website: [www.wheelministry.org](http://www.wheelministry.org)

# W. H. E. E. L.

*Women Helping Each-other Enter Life*

*Life Lesson*

*April 2018*



## You Can Change

*"We are the clay, and you are the potter." Isaiah 64:8 NLT*

Dearest Friends:

Ever watch a lump of clay being transformed into something beautiful? The clay can't change itself; the power to do that lies in the hands of the potter. Isaiah says, "We are the clay, and you are the potter. We are all formed by your hand." That means you don't have to live the rest of your life with your phobias and hang-ups; God can change you. Even if you've been a worrier all your life, you don't have to worry for the rest of your life. So what if you were born in poverty or prejudice? You don't have to die that way. Where did you get the idea that you can't change? What's the source of comments such as "It's just my nature to worry," or "I'll always be pessimistic; I'm just that way," or "I come from a family of alcoholics and addicts so I'll never be free"? Would you make the same statement about your physical body? "It's just my nature to have a broken leg. I can't do anything about it." Of course not. If your body malfunctions, you seek help. Shouldn't you do the same with your sinful appetites, sour attitudes, and selfish tirades?

What the world sees as trash—God sees as treasure. And like the potter, He can take you, mold you, and make you into a vessel of honor (See 2Ti 2:21). All you have to do is place your life in His hands. We sing, "Have Thine own way, Lord, have Thine own way. Thou art the potter, I am the clay." When you stop trying to change yourself and surrender to God, true and lasting change takes place.

In God I trust,

*Valarie Ellis*

# Change Your World

By: Brian Tracy

*You cannot change the world,  
But you can present the world with one improved person -  
Yourself.*

*You can go to work on yourself to make yourself  
Into the kind of person you admire and respect.*

*You can become a role model and set a standard for others.*

*You can control and discipline yourself to resist acting  
Or speaking in a negative way toward anyone for any reason.*

*You can insist upon always doing things the loving way,  
Rather than the hurtful way.*

*By doing these things each day,*

*You can continue on your journey*

*Toward becoming an exceptional human being.*

## Quote-meal



*"The only person you should try to be better than is the person you were yesterday!"*

*~ Author Unknown ~*

We love hearing from you, send us your suggestions, prayers, stories or  
poems to:

*~ Valarie Ellis ~*

P.O. Box 17991 - Tampa, FL 33682

Email: [info@wheelministry.org](mailto:info@wheelministry.org)

Website: [www.wheelministry.org](http://www.wheelministry.org)

# W. H. E. E. L.

*Women Helping Each-other Enter Life*



*Life Lesson*

*August 2018*

## *“Get Into God’s Word”*

*“The Word became flesh and dwelt among us.”(John 1:14 NKJV)*

Dearest Friends:

Throughout the Old Testament God routinely spoke to people. In these thirty-nine books He gave them instructions, and promises with conditions. Some people understood what He was saying, others didn't. Some tried to live by it with varying degrees of success, while others rejected it and decided to do their own thing.

Then God did something truly incredible: “The Word became flesh and blood, and moved into the neighborhood. We saw the glory with our own eyes, the one-of-a-kind glory, like Father, like Son, generous inside and out, true from start to finish” (MSG) Jesus was a living Bible! John tells us, “The Word was God” (John 1:1 NKJV) so the more you get into the Word and get it into **you**, the more of *God* you're depositing within you.

You say, “But sometimes I don't get much out of reading the Bible.” A word to the wise: When you start studying the Bible, don't do it to find some new truth nobody else has ever seen. Do it with the attitude, “Lord, what are You saying to *me*?” The problem most of us have isn't interpreting the difficult passages; it's obeying the ones we already understand!

The Word of God provides you with two things: **(1) Protection.** The Psalmist said, “Unless your law had been my delight, I would then have perished in my affliction. I will never forget Your precepts, for by them You have given me life” (Ps 119:92-93 NKJV). **(2) Direction.** “Your word is a lamp to my feet and a light to my path” (v. 105 NKJV).

Need direction? Need protection? Get into God's Word.

In God I trust,

*Valarie Ellis*



# MYSELF

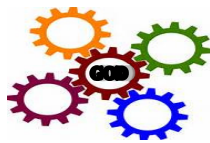
*I have to live with myself and so  
I want to be fit for myself to know.  
I want to be able as days go by,  
always to look myself straight in the eye;  
I don't want to stand with the setting sun  
and hate myself for the things I have done.  
I don't want to keep on a closet shelf  
a lot of secrets about myself  
and fool myself as I come and go  
into thinking no one else will ever know  
the kind of person I really am,  
I don't want to dress up myself in sham.  
I want to go out with my head erect  
I want to deserve all men's respect;  
but here in the struggle for fame and wealth  
I want to be able to like myself.  
I don't want to look at myself and know that  
I am bluster and bluff and empty show.  
I never can hide myself from me;  
I see what others may never see;  
I know what others may never know,  
I never can fool myself and so,  
whatever happens I want to be  
self respecting and conscience free.*

*Quote-meal: "You'll never get ahead unless you move forward."*

~Shalandrea V. Scurry-Foster~  
Lowell Annex

Would you like to contribute to this flyer? Send suggestions, prayers, stories and/or poems  
to:

Valarie Ellis | P.O. Box 17991 | Tampa, FL 33682



thewheelministry@gmail.com  
www.wheelministry.org

# W. H. E. E. L.

*Women Helping Each-other Enter Life*



*Life Lesson*

*July 2018*

## "Get Over It!"

*"In everything give thanks..." 1 Thessalonians 5:18*

Dearest Friends:

Consider Moses, the lawgiver and liberator to whom God gave the Ten Commandments. His name is still known all over the earth 4,000 years after his death. But remember, this same Moses was a murderer. He was listed in Egypt as public enemy number one. He was a fugitive from justice who fled to the wilderness where he lived for 40 years as a shepherd. Yet with the chisel of adversity God was shaping Moses to stand in Pharaoh's majestic palace and announce, "Let my people go!" A nation was born because this man refused to stop struggling to achieve his divine destiny.

Don't be paralyzed by your past. If God used Moses, He'll use you.

Everyone goes through adversity. The phrase to remember when things go wrong is, "Get over it!" Have you been hurt? *Get over it!* Have you been betrayed? *Get over it!* Have you failed? *Get over it!*

Paul writes, "In everything give thanks." In reversal, give thanks. In heartache, give thanks. In poverty and in prosperity, give thanks. God is greater than the criticism you're getting. He's greater than the giants you're facing. He's greater than the mountain you're climbing. He's greater than the burdens you're carrying.

Look at the Bible's record of men and women who chose to focus on the silver lining, not the dark cloud. These people didn't curse the darkness, they shone a light and scattered it. They chose the right attitude, an attitude of faith. Come on; stop hiding from success because you're afraid to fail. Failure means you're a learner, not a loser. Stop fearing risk! Take God's hand, step out and fulfill His purpose for your life.

In God I Trust,

*Valarie Ellis*



# Prayer



*Father, thank you for always waiting there with Your out stretched hand. . . waiting for us to come to our senses.*

*We are sorry that it often takes us such a long time to get to that point.*

*Thank you for Your grace and Your faithfulness, for You never give up on us, no matter how slow we are.*

*We thank you for our weakness that we may know Your strength and experience true power in our lives.*

*Help us to relinquish control today and every day that we might have real strength as a reality in our lives.*

*Amen.*



*Quote-meal:*

*"The task ahead of us is never as great as the power behind us."*

*~Author Unknown~*



We love hearing from you, send us your suggestions, prayers, stories or poems to:

Valarie Ellis ~ P.O. Box 17991 ~ Tampa, FL 33682



Email: [info@wheelministry.org](mailto:info@wheelministry.org)

Website: [www.wheelministry.org](http://www.wheelministry.org)

# W. H. E. E. L.

Women Helping Each-other Enter Life

Life Lesson

June 2018



## YOU CAN DO IT!

*"I am self-sufficient in Christ's sufficiency." Philippians 4:13 AMP*

Dearest Friends:

One of Satan's favorite strategies is making you feel incapable of accomplishing anything worthwhile. He'll remind you of your past mistakes so that even when you do make an effort, your fear of failure will sabotage you. This is commonly referred to as "Failure Syndrome." Satan wants you to feel so bad about yourself that you'll have no confidence at all. But the fact is you don't need confidence in yourself—you need confidence in the God who lives within you! Without that, you're like a plane without fuel sitting on the runway; you look good but you've no power. Hear this: Through *Christ* you have the power to do what you never could on your own. Once you learn this truth, anytime the Devil tells you, "You can't do anything right," your response will be, "Maybe not, but Jesus in me *can*; and He *will* because I'm relying on Him and not myself. His Word says I'll succeed in everything I put my hand to" (See Jos 1:7). When the Enemy says to you: "You're not able to do this, so don't even try! You'll fail again like you did in the past," your response should be: "It's true; without Jesus I'm not able to do a single thing. But with Him, and in Him, I can do all I need to do."

Read these words, get them down into your heart and stand on them today: "I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency]."

The word for you this month is: You can do it!

In God I trust,

*Valarie Ellis*

# MYSELF

*I have to live with myself and so, I want to be fit for myself to know.*

*I want to be able as days go by, always to look myself straight in the eye;*

*I don't want to stand with the setting sun and hate myself for the things I have done.*

*I don't want to keep on a closet shelf a lot of secrets about myself  
and fool myself as I come and go into thinking no one else will ever know  
the kind of person I really am, I don't want to dress up myself in sham.*

*I want to go out with my head erect , I want to deserve all men's respect;  
but here in the struggle for fame and wealth\...I want to be able to like myself.*

*I don't want to look at myself and know that I am bluster and bluff and a empty show.*

*I never can hide myself from me; I see what others may never see;*

*I know what others may never know, I never can fool myself and so,  
whatever happens I want to be self respecting and conscience free.*

## Quote-meal



*"Life is not measured by the breaths you take, but by the moments that take your  
breath away."*

~ Unknown ~

We love hearing from you, send us your suggestions, prayers, stories or  
poems to:

Valarie Ellis ~ P.O. Box 17991 ~ Tampa, FL 33682



Email: [info@wheelministry.org](mailto:info@wheelministry.org)

Website: [www.wheelministry.org](http://www.wheelministry.org)



# W. H. E. E. L.

*Women Helping Each-other Enter Life*



*Life Lesson*

*September 2018*

## "Looking Good or Doing Good?"

*"Jesus...went about doing good." Acts 10:38 (NKJV)*

Dear Friends:

The Bible says, "God anointed Jesus...with the Holy Spirit and with power, who went about doing good." When you're led by God's Spirit, your focus won't be on *looking* good, but on *doing* good. You say, "But I'm so busy!" Nobody was busier than Jesus, yet He always responded to those in need. In Luke chapter 10 He tells of a Jewish traveler who was attacked by a gang and left to die by the road. First a Levite, then a priest, passed by; however, each had important appointments to keep, so they didn't stop. Then a Samaritan came along. Now, he had every reason to look the other way, because the Jews and the Samaritans were long-standing enemies. Instead, "He...came where he was. And when he saw him, he had compassion" (*Luke 10:33 NKJV*).

Compassion will make you stop and rearrange your priorities. This Samaritan realized that where he was at that moment was more important than his next appointment. What would *you* have done that day?

Do you think you'd have acted like him? How about when God tries to interrupt your inflexible, tightly-organized, written-in-concrete schedule and asks you to make time for someone who's hurting? Are you willing to forgo your plans and do what He wants? If you're too busy to reach out to those who are hurting, you're too busy!

There's a story of a woman who was excited because Jesus had sent word that He was going to visit her that day. She cleaned, polished, cooked and prepared a table with the finest of foods. She had everything in its proper place, because, after all, Jesus had picked HER to visit. This woman was so focused on making the right impression until she actually turned Jesus away three times because, instead of showing up with an entourage, He came needing her help. She didn't have time for the interruption, because she had to make a good impression. Looking good became more important than doing good.

Don't get so heavenly bound until you're no earthly good!

In God I trust,

*Valarie Ellis*

# My FRIEND

My Friend, I stand in judgment now, And feel that you're to blame somehow;  
On Earth I walked with you day by day, And never did **you** point the way;  
You knew the Lord in truth and glory, But never did **you** tell the story.  
My knowledge then was very dim, You could have led me safe to Him.  
Though we lived together here on Earth, You never told me of the Second Birth;  
And now I stand this day condemned, Because you failed to mention Him.  
You taught me many things, that's true, I called you "Friend" and trusted you.  
But I learn now that it's too late, And **you** could have kept me from this fate.  
We walked by day and talked by night, And yet you showed me not the light.  
You let me live, and love, and die, You knew I'd never live on high.  
Yes, I called you "Friend" in life, And trusted you through joy and strive;  
And yet, on coming to this dreadful end,  
I cannot, now, call you...  
*"My Friend".*

*Quote-meal: "The way to get started is to quit talking and begin doing."*

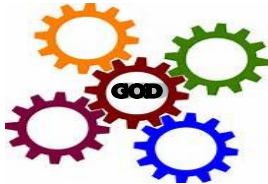
~Walt Disney~

Would you like to contribute to this flyer? Send suggestions, prayers, stories and/or poems to:

Valarie Ellis

P.O. Box 17991

Tampa, FL 33682



[thewheelministry@gmail.com](mailto:thewheelministry@gmail.com)

[www.wheelministry.org](http://www.wheelministry.org)